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# Polyunsaturated fatty acids potentiate interleukin-1-stimulated arachidonic acid release by cells overexpressing type IIA secretory phospholipase A<sub>2</sub>

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Abstract By analyzing human embryonic kidney 293 cell transfectants stably overexpressing various types of phospholipase A<sub>2</sub> (PLA<sub>2</sub>), we have shown that polyunsaturated fatty acids (PUFAs) preferentially activate type IIA secretory PLA<sub>2</sub> (sPLA2-IIA)-mediated arachidonic acid (AA) release from interleukin-1 (IL-1)-stimulated cells. When 293 cells prelabeled with [3H]AA were incubated with exogenous PUFAs in the presence of IL-1 and serum, there was a significant increase in [<sup>3</sup>H]AA release (in the order AA > linoleic acid > oleic acid), which was augmented markedly by sPLA2-IIA and modestly by type IV cytosolic PLA<sub>2</sub> (cPLA<sub>2</sub>), but only minimally by type VI Ca<sup>2+</sup>-independent PLA<sub>2</sub>, overexpression. Transfection of cPLA<sub>2</sub> into sPLA2-IIA-expressing cells produced a synergistic increase in IL-1-dependent [3H]AA release and subsequent prostaglandin production. Our results support the proposal that prior production of AA by cPLA2 in cytokine-stimulated cells destabilizes the cellular membranes, thereby rendering them more susceptible to subsequent hydrolysis by sPLA2-IIA.

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Key words: Phospholipase  $A_2$ ; Arachidonic acid; Prostaglandin

# 1. Introduction

The phospholipase A<sub>2</sub> (PLA<sub>2</sub>) family comprises a growing number of lipolytic enzymes that play pivotal roles in phospholipid remodeling, host defense, digestion, and signal transduction via the production of lipid mediators such as arachidonic acid (AA)-derived eicosanoids, lysophosphatidic acid and platelet-activating factor. More than 10 PLA<sub>2</sub> isozymes are found in mammalian cells, and these can be subdivided into several classes based upon their primary structures, enzymatic properties, subcellular distributions, and functions [1]. Cytosolic Ca<sup>2+</sup>-dependent PLA<sub>2</sub> (type IV cPLA<sub>2</sub>), which undergoes translocation from the cytosol to the perinuclear membrane in response to submicromolar increases in cytoplasmic Ca<sup>2+</sup> levels and is activated by mitogen-activated protein kinase-directed phosphorylation, is thought to be essential for lipid mediator generation in activated cells [2].

Abbreviations: PLA<sub>2</sub>, phospholipase A<sub>2</sub>; sPLA<sub>2</sub>-IIA, type IIA secretory PLA<sub>2</sub>; cPLA<sub>2</sub>, cytosolic PLA<sub>2</sub>; iPLA<sub>2</sub>, Ca<sup>2+</sup>-independent PLA<sub>2</sub>; COX, cyclooxygenase; AA, arachidonic acid; PUFA, polyunsaturated fatty acid; PG, prostaglandin; IL-1, interleukin-1; FCS, fetal calf serum; HETE, hydroxyeicosatetraenoic acid; MAFP, methyl arachidonylfluorophosphate

Cytosolic Ca<sup>2+</sup>-independent PLA<sub>2</sub> (type VI iPLA<sub>2</sub>) forms a multimeric complex and is implicated mainly in the phospholipid remodeling pathway [3]. The secretory PLA<sub>2</sub> (sPLA<sub>2</sub>) group includes five isozymes (IB, IIA, IIC, V, and X), all of which require millimolar Ca2+ for enzymatic activity in vitro [4]. The expression of sPLA2-IIA and attendant delayed prostaglandin (PG) generation are often strongly induced in several types of cell after proinflammatory stimuli such as interleukin-1 (IL-1) [5,6]. Our recent analysis using transfectants overexpressing each PLA2 confirmed that cPLA2 and the two heparin-binding sPLA2 isozymes, sPLA2-IIA and sPLA2-V, are 'signaling' PLA2s that contribute to PG biosynthesis via either of the cyclooxygenase (COX) isozymes, COX-1 or COX-2, depending upon the phase of cell activation, while iPLA2 is involved in phospholipid remodeling rather than PG generation [7-9]. sPLA<sub>2</sub>-IIA and sPLA<sub>2</sub>-V, which are functionally redundant, are capable of augmenting IL-1stimulated AA metabolism via the transcellular route, a property not shared by intracellular cPLA2 [9]. However, the way in which AA metabolism is regulated by particular sPLA2 isoforms remains obscure.

The observation that AA release by sPLA<sub>2</sub>-IIA generally occurs in agonist-stimulated, but not quiescent, cells suggests that membrane perturbation during cell activation is a crucial event leading to sPLA<sub>2</sub>-mediated membrane phospholipid hydrolysis [10]. Several previous studies have shown that polyunsaturated fatty acids (PUFAs) or their oxidative products contribute to enhanced sPLA<sub>2</sub>-IIA-mediated membrane hydrolysis [11–13]. However, results obtained from in vitro studies often vary according to the assay methods employed, and may not always reflect events occurring in vivo. In addition, the utilization of relatively non-specific PLA<sub>2</sub> inhibitors in these previous studies may limit generalizations based on interpretation of their data.

To verify whether PUFAs do indeed affect the functions of PLA<sub>2</sub>s in mammalian cells, we utilized HEK293 cell transfectants overexpressing each cPLA<sub>2</sub> isozyme [8,9]. Here we provide unequivocal evidence that PUFAs, AA in particular, activate AA release mediated by sPLA<sub>2</sub>-IIA in preference to cPLA<sub>2</sub> and iPLA<sub>2</sub> in IL-1-stimulated HEK293 transfectants. Our observations appear to be in line with the hypothesis proposed by Balsinde et al. [14,15] that prior activation of cPLA<sub>2</sub> is required for the adequate functioning of sPLA<sub>2</sub> in activated cells.

## 2. Materials and methods

#### 2.1. Materials

AA, PGE<sub>2</sub>, 5-hydroxyeicosatetraenoic acid (HETE), 12-HETE, and methyl arachidonylfluorophosphate (MAFP) were purchased from

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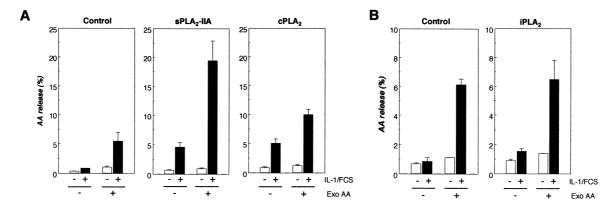


Fig. 1. Effects of exogenous AA on endogenous AA release by HEK293 transfectants. Control cells, transfectants expressing  $sPLA_2$ -IIA or  $cPLA_2$  (A), and transfectants expressing  $iPLA_2$  (B) were prelabeled with [ $^3H$ ]AA, and then cultured for 4 h with (solid bars) or without (open bars) IL-1/FCS stimulation in the presence or absence of 50  $\mu$ M AA. Values represent means  $\pm$  S.E.M. (n = 3).

Cayman Chemical. Stearic acid, oleic acid and linoleic acid were obtained from Sigma. Human IL- $1\beta$  was purchased from Genzyme.

#### 2.2. Cell culture

HEK293 cells were obtained from Health Science Research Resources Bank and maintained in RPMI 1640 medium (Nissui Pharmaceutical) supplemented with 10% fetal calf serum (FCS). Transformants of 293 cells that stably expressed cPLA<sub>2</sub>, sPLA<sub>2</sub>-IIA and its mutant G30S, and iPLA<sub>2</sub> were established as described previously [8,9]. For the co-transfection experiments, a 293 transformant expressing sPLA<sub>2</sub>-IIA was subjected to a second transfection with cPLA<sub>2</sub>, which had previously been subcloned into pCDNA3.1/Zeo(+) (Invitrogen), using Lipofectamine Plus reagent (Life Technologies). The cells were then seeded into 96-well plates and cloned by culture in the presence of 50 μg/ml zeocin (Invitrogen) in order to establish stable transformants overexpressing both PLA<sub>2</sub>s. The expression of each enzyme was confirmed by RNA blotting.

# 2.3. RNA blotting

Approximately equal amounts ( $\sim 10~\mu g$ ) of the total RNAs obtained from the transfected cells were applied to individual lanes on 1.2% (w/v) formaldehyde-agarose gels, electrophoresed, and transferred to Immobilon-N membranes (Millipore). The resulting blots were then probed with their respective cDNA probes, which had been labeled with [ $^{32}P$ ]dCTP (Amersham) by random priming (Takara Shuzo). All hybridizations were carried out as described previously [7,8].

#### 2.4. Cell activation

Cells  $(5 \times 10^4)$  in 1 ml of culture medium) were seeded into individual wells on 24-well plates. In order to assess AA release,  $0.1 \mu \text{Ci/ml}$  [ $^3\text{H}$ ]AA (Amersham) was added to the cells in each well on day 3, when they had nearly reached confluence, and culture was continued for another day. After three washes with fresh medium, 250  $\mu$ l of RPMI 1640 with or without 1 ng/ml II-1 $\beta$  and 10% FCS was added to each well and the [ $^3\text{H}$ ]AA released into the supernatant during culture was measured. The percentage release of [ $^3\text{H}$ ]AA was calculated using the formula [S/(S+P)]×100, where S and P are the radioactivities measured in equal portions of the supernatant and cell pellet, respectively. This procedure is described in detail in our previous reports [8,9].

#### 3. Results

### 3.1. Exogenous PUFAs preferentially activate sPLA<sub>2</sub>-IIAmediated AA release

In the present study, we used HEK293 cell stable transfectants that expressed sPLA<sub>2</sub>-IIA, cPLA<sub>2</sub> and iPLA<sub>2</sub>, and confirmed their expression by Northern and/or Western blotting [8,9]. Parental 293 cells expressed only a trace of cPLA<sub>2</sub>, and

sPLA<sub>2</sub> and iPLA<sub>2</sub> were undetectable (see Fig. 4A) [8,9]. When 293 transfectants expressing sPLA2-IIA or cPLA2 were prelabeled with [3H]AA and cultured for 4 h with IL-1 in the culture medium, there was a marked increase in [3H]AA release, reaching 4–5%, from both transfectants, whereas release from replicate parental cells increased only minimally (Fig. 1A). These results confirmed our previous findings that both sPLA2-IIA and cPLA2 are capable of mediating IL-1/FCSinduced delayed AA metabolism [7-9]. We found that when AA was added exogenously to the control cells, IL-1/FCSdependent, but not basal, release of endogenous [3H]AA was significantly augmented (Fig. 1A). Furthermore, IL-1/ FCS-dependent [3H]AA release by sPLA2-IIA-expressing cells was dramatically increased by exogenous AA, reaching nearly 20% release. The catalytically inactive sPLA2-IIA mutant G30S [8] did not elicit enhanced [<sup>3</sup>H]AA release by exogenous AA (data not shown), implying that the enzymatic activity of sPLA<sub>2</sub>-IIA is essential for this event. A significant increase in IL-1/FCS-dependent [<sup>3</sup>H]AA release caused by exogenous AA was also observed in cPLA2-transfected cells, although this increment was smaller than that in sPLA2-IIA-expressing cells

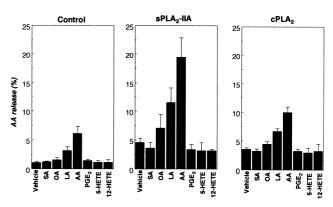


Fig. 2. Effects of various fatty acids and AA metabolites on endogenous AA release by HEK293 transfectants. Control cells and transfectants expressing sPLA<sub>2</sub>-IIA or cPLA<sub>2</sub>, prelabeled with [ $^3$ H]AA, were incubated for 4 h with IL-1/FCS in the presence of 50  $\mu$ M AA, linoleic acid (LA), oleic acid (OA) or stearic acid (SA), or with 500 ng/ml PGE<sub>2</sub>, 5-HETE or 12-HETE. Values represent means  $\pm$  S.E.M. (n = 3).

(Fig. 1A). Basal and IL-1/FCS-mediated [<sup>3</sup>H]AA release approximately doubled after iPLA<sub>2</sub> transfection, as reported previously [8,9], but exogenous AA had no appreciable effect on [<sup>3</sup>H]AA release by iPLA<sub>2</sub>-expressing cells (Fig. 1B).

Assessments of fatty acid specificity showed that AA was the most potent enhancer of IL-1/FCS-stimulated [3H]AA release, followed in order by linoleic acid and oleic acid, whereas stearic acid was virtually without effect (Fig. 2). sPLA<sub>2</sub>-IIA augmented the exogenous PUFA-dependent incremental release of [3H]AA more efficiently than cPLA<sub>2</sub> under experimental conditions in which both PLA<sub>2</sub>s produced comparable [3H]AA release in response to IL-1/FCS in the absence of PUFAs. Enhanced [3H]AA release from parental 293 cells was evident at concentrations of exogenous AA more than 5 μM, and sPLA<sub>2</sub>-IIA augmented release several-fold when compared with control cells at all AA concentrations examined (Fig. 3A). In sPLA2-IIA transfectants, IL-1/FCS-stimulated [3H]AA release increased to reach a plateau by 4-8 h, whereas it continued to increase throughout the culture period if exogenous AA was added further (Fig. 3B).

PGE<sub>2</sub>, a major AA metabolite of the COX pathway, produced no appreciable effect on IL-1/FCS-induced [3H]AA release, whether or not sPLA2-IIA and cPLA2 were introduced (Fig. 2). Moreover, the increase in [3H]AA release caused by exogenous AA in control cells and sPLA2-IIA-expressing cells was not appreciably suppressed by several COX inhibitors (data not shown), implying that prostanoids are not involved in this process. 5-HETE and 12-HETE, by-products of the lipoxygenase pathway, also failed to augment sPLA2-IIAand cPLA2-mediated AA release (Fig. 2). Although we observed that nordihydroguaiaretic acid, a lipoxygenase-inhibiting antioxidant [16], significantly suppressed IL-1/FCS-induced [3H]AA release in sPLA2-IIA-expressing cells whether or not exogenous AA was added (Kuwata et al., unpublished observation), it remains unclear at present whether certain lipoxygenase metabolites (other than 5- and 12-HETEs) or other PUFA oxidative products participate in this pathway.

# 3.2. Coexpression of cPLA<sub>2</sub> and sPLA<sub>2</sub>-IIA coordinately enhances AA release

The observation that exogenous PUFAs potently stimulate

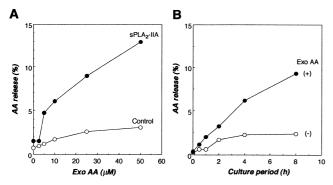


Fig. 3. Analyses of the effects of exogenous AA on sPLA<sub>2</sub>-IIA-mediated AA release. A: AA dose response. sPLA<sub>2</sub>-expressing (solid circles) and control (open circles) 293 cells, prelabeled with [ $^3$ H]AA, were incubated for 4 h with IL-1/FCS in the presence of the indicated concentrations of AA. B: Time course. sPLA<sub>2</sub>-IIA-expressing 293 cells were cultured for the indicated periods with IL-1/FCS in the presence (solid circles) or absence (open circles) of 50  $\mu$ M AA. A representative result of two reproducible experiments is shown.

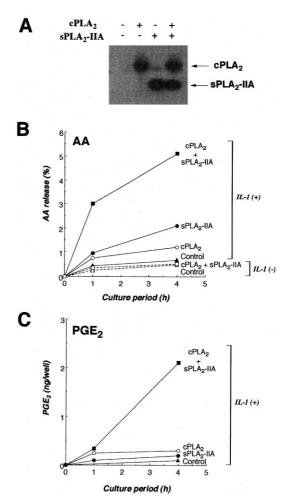


Fig. 4. Effects of cPLA<sub>2</sub> and sPLA<sub>2</sub>-IIA coexpression on AA and PGE2 release. A: Expression of cPLA<sub>2</sub> and sPLA<sub>2</sub>-IIA in HEK293 transfectants as assessed by RNA blotting. [<sup>3</sup>H]AA release (B) and PGE2 generation (C) in each transfectant after culture for the indicated periods with or without IL-1. A representative result of three independent experiments is shown.

sPLA<sub>2</sub>-IIA-mediated [<sup>3</sup>H]AA release prompted us to ask whether the production of endogenous AA by cPLA2 would affect the function of sPLA2-IIA. To address this issue, we employed 293 transfectants coexpressing cPLA2 and sPLA2-IIA, and compared their AA-releasing and PGE2-producing abilities with those of transfectants expressing each PLA2 alone. The expression of each PLA2 was verified by RNA blotting (Fig. 4A). IL-1-dependent release of [3H]AA (Fig. 4B) and PGE<sub>2</sub> (Fig. 4C) by cells expressing cPLA<sub>2</sub> or sPLA2-IIA alone was increased modestly relative to release by control cells, as we have recently reported [8,9]. Most importantly, coexpression of cPLA2 and sPLA2-IIA synergistically augmented [3H]AA release (Fig. 4B) and PGE<sub>2</sub> production (Fig. 4C) in IL-1-stimulated cells. [3H]AA release preceded PGE<sub>2</sub> generation, probably because the latter requires de novo induction of COX-2, which occurs after 1-4 h of IL-1 stimulation [8].

Taking these results together, it seems reasonable to consider that the AA produced endogenously by the action of cPLA<sub>2</sub> sensitized the cells, leading to increased sPLA<sub>2</sub>-IIA-dependent AA release.

#### 4. Discussion

P388The observation that AA release by sPLA<sub>2</sub>-IIA generally occurs only in agonist-stimulated cells [10] prompted us to hypothesize that membrane rearrangement during cell activation is a crucial event leading to sPLA2-mediated membrane phospholipid hydrolysis. In this model, the outer leaflet of the plasma membrane of quiescent cells, rich in PC and sphingomyelin, is fairly resistant to the enzymatic action of sPLA<sub>2</sub>-IIA, and cell activation perturbs the plasma membrane, loosening the otherwise tightly packed membrane bilayer to be susceptible to this enzyme. Several possible explanations have been proposed to account for this phenomenon, among which the roles of PUFAs in eliciting changes in membrane structures have been demonstrated by several workers [11–15]. Balsinde et al. [14,15] have provided evidence that prior activation of cPLA<sub>2</sub> is necessary for sPLA<sub>2</sub> (in this case, the type V isozyme, a close homolog of sPLA2-IIA) to exert its function in P388D<sub>1</sub> macrophage-like cells, and that supplementing these cells with exogenous AA restores the requirement of cPLA<sub>2</sub> for sPLA<sub>2</sub> activation. Robinson et al. [13] have reported that sPLA2 and cPLA2, but not iPLA2, are activated by PUFAs in human neutrophils. Moreover, we have recently demonstrated that sPLA<sub>2</sub>-IIA-dependent eicosanoid generation is sensitive to several cPLA<sub>2</sub> inhibitors [6,8].

In the present study, we have shown that sPLA2-IIA-mediated AA release from intact cells is markedly potentiated by exogenous PUFAs, among which AA elicits the most potent effect. In contrast, AA release by cPLA2 was enhanced only modestly, and release by iPLA2 was unaffected, by exogenous PUFAs, indicating that the augmentative effect of PUFAs on endogenous AA release by intact cells is somewhat selective for sPLA2-IIA. Of note, this PUFA effect was observed only in cells stimulated with IL-1/FCS. A likely explanation for this is that IL-1/FCS may initiate the signaling transduction pathway leading to sPLA2-IIA-mediated membrane hydrolysis in particular cellular compartments, and PUFAs or their metabolites may accelerate this hydrolytic process by perturbing membrane bilayers which are attacked by sPLA2-IIA. Importantly, the striking synergism between cPLA2 and sPLA2-IIA observed in cotransfectants supports the theory of a positivefeedback model, in which agonist-induced release of AA by cPLA<sub>2</sub> promotes further stimulation of sPLA<sub>2</sub>-mediated membrane hydrolysis and subsequent production of PGE<sub>2</sub> via COX-2. Certain oxidative PUFA metabolites might be involved in this membrane sensitization process, since some oxidants have been shown to increase sPLA2-IIA-mediated phospholipid hydrolysis in vesicles and intact cells [12,17]. This possibility is now under investigation.

A smaller but still significant increase in [<sup>3</sup>H]AA release by PUFAs occurred in cPLA<sub>2</sub>-expressing cells. This suggests that cPLA<sub>2</sub>-mediated membrane hydrolysis is also facilitated by

membrane perturbation caused by PUFAs. Alternatively, the ability of PUFAs to mobilize intracellular Ca<sup>2+</sup> [18,19] and activate several protein kinases [20] might lead to the post-translational activation of cPLA<sub>2</sub>. Given that sPLA<sub>2</sub> activates cPLA<sub>2</sub> in some cell types [21,22], a bidirectional interaction between sPLA<sub>2</sub> and cPLA<sub>2</sub> may contribute to the synergistic augmentation of the eicosanoid-biosynthetic response seen in the cotransfectants.

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